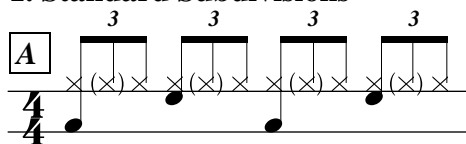
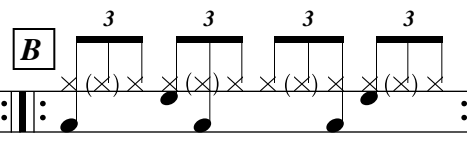
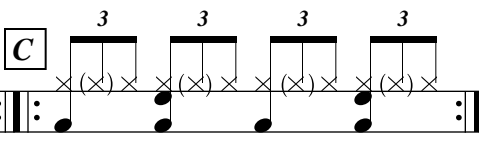
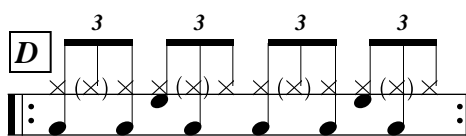
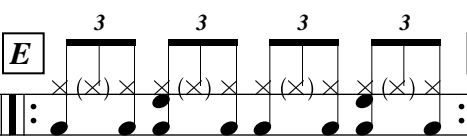
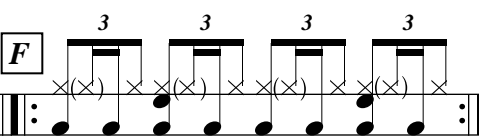
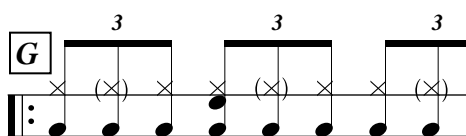



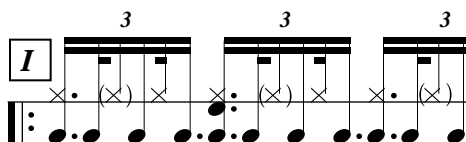
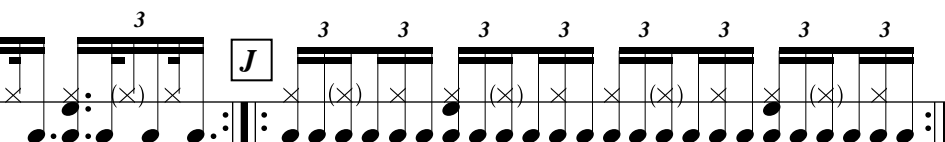
Progressions for Single/Double Bass Drum ~ 12/8 Pulse

1. Standard Subdivisions

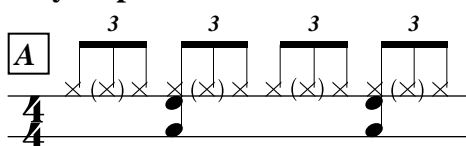
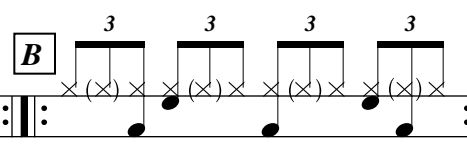
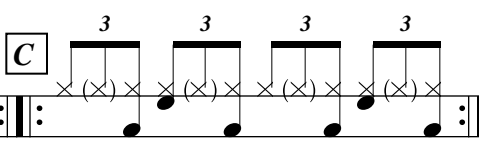
A  **B**  **C** 

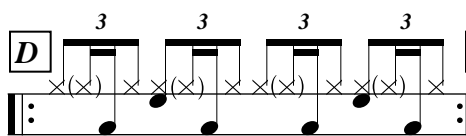
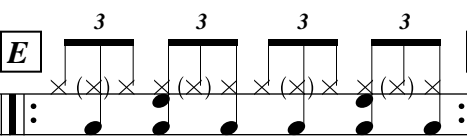
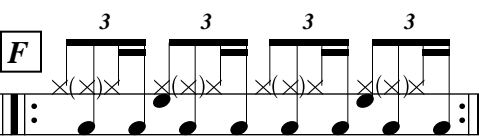
D  **E**  **F** 

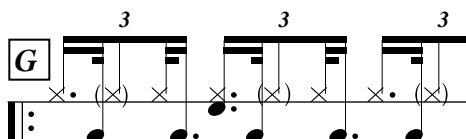
G  **H** 

I  **J** 

2. Syncopated Subdivisions

A  **B**  **C** 

D  **E**  **F** 

G  **H** 