

THIS LESSON IS EXCERPTED FROM

A FRESH APPROACH TO THE
DRUMSET



A DRUMMER'S GUIDE TO:

Rock Beats and Fills • Hand & Foot Technique • Coordination and Independence • Reading Music •
Understanding Song Construction • R&B, Jazz & Latin Styles and more!

Includes MP3 CD packed with over 400 Demonstration Tracks
and 40 "Music Minus Drums" Play-Along Tunes!

BY
MARK WESSELS

MP3 CD
INCLUDED!
Playable on all computers
and MP3-capable players

ASK FOR IT AT YOUR FAVORITE MUSIC STORE OR BUY IT ONLINE AT:

WWW.MWPUBLICATIONS.COM

ABOUT THIS LESSON:

LESSON 23 is all about the Shuffle. Expanding on 12/8 time signatures and rhythms learned in lessons 20-22, lesson 23 shifts to using 8th note triplets.

After learning to count 8th note triplets in quarter time (and evenly space them across the beat between duple and triple subdivisions), a few basic shuffle grooves are introduced. You then are able to apply the shuffle grooves - or any variation that you might apply - to a characteristic shuffle tune in the style of the one of the pioneers of electric guitar shuffles: T-Bone Walker.

Throughout the book, applications of technical exercises are introduced which directly apply groove concepts. In this lesson, taking simple duple "stick control" sticking patterns and applying them to a swing style will help you to master the feel. Practice strict triplet subdivisions - as well as relaxing the feel (by opening up the space between the 3rd and 1st notes of the triplet), or tightening the feel (as in playing a dotted 8th/16th rhythm. Finally, apply those same sticking patterns between the hands and feet as you have in other lessons.

Variations on the shuffle feel are also hit on in this lesson. First, the Texas Shuffle (in a Stevie Ray Vaughn style), then in a rock style (in a ZZ Top style).

Presented in this playalong is the Rock Shuffle. Of course you can use the more standard shuffle rhythm in the right hand, but having a strong quarter note ride helps when the tempos get fast and the volume gets loud! Experiment with ghost notes to help propel the triplet feel - but without letting the groove become cumbersome.

Good luck with this playalong. Remember, don't limit yourself to the grooves notated here (I wish I could have listed 10 more variations). But you don't need to have every possible permutation listed... use YOUR creativity to find new groove variations that work with the song. It's all about finding YOUR voice - YOUR sound!

All the Best,

Mark Wessels

LESSON 23



8th Note Triplets in Quarter Time

An 8th note triplet is defined as “three 8th notes in the space of two.”

In quarter time, 8th notes subdivide the beat into two parts (there are two 8th notes per count):

1 & 2 & 3 & 4 &

8th note TRIPLETS would subdivide the beat into THREE parts (three 8th notes per count):

1 & a 2 & a 3 & a 4 & a

Practice this exercise to learn to space 8th notes and 8th note triplets evenly:

Count: 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & a 2 & a 3 & a 4 & a

Style Essential: The Shuffle

The Shuffle, like the 2 beat, is a groove rhythm that has been adapted to many musical styles. The shuffle rhythm is built upon the 1st and 3rd note of a triplet:

Practice this exercise on your right hand, then with the left. As you speed up, “whip” the wrist for the accent.

Shuffle Grooves



The key to playing a great shuffle is in the feel – not the notes! The only way to master this style is to spend time listening to great shuffles by the masters! Shuffles by the legendary B.B. King is a great place to start.

“T-BONE SHUFFLE”



A Play 12 melody (2xs) B 12 guitar solo (4xs) C 12 melody (2xs)

Technique Focus: Swing Sticking Patterns

To reinforce the shuffle rhythm, try playing all the sticking pattern exercises you've learned with a swing feel.

For example, a paradiddle sticking becomes:

Style Essential: Texas Shuffle



The Texas Shuffle uses a dotted 8th/16th rhythm instead of a triplet. This "delayed" double beat gives it a more laid-back feel than a typical triplet shuffle. Work towards getting a tight spacing of the double beat, with as loud of a backbeat rimshot as you can on the whip stroke! Listen to the music of Stevie Ray Vaughn for some great Texas Shuffles.

Style Essential: Rock Shuffle



A rock shuffle is usually played with a heavy quarter note ride, with the bass drum and snare implying the shuffle rhythm. The ghost note after beat 1 and 3 provides a busier feel to the groove, which helps to propel the motion.

"ZZ SHUFFLE"



Table of Contents

PREFACE	4-7	LESSON TWELVE	34-35
How to Use the Book/CD, Note Values Chart, Drumset Notation Key, Notation Elements		3/4 Time Signatures, Grooves in 3/4 Time, Rudiment: Flam, Fills in 3/4 Time, Music Reading: 1st & 2nd Endings, Play-along Track: "Horseback Waltz"	
LEARN ABOUT THE INSTRUMENT	8-9	LESSON THIRTEEN	36-37
SETTING UP THE DRUMS.....	11	Music Reading: Dotted Notes, Style: Halftime Feel, Halftime Grooves, Play-along Track: "Halftime Show", Technique: Accented Paradiddles, Paradiddle Grooves	
LESSON ONE:.....	12-13	LESSON FOURTEEN	38-39
Gripping the Sticks, The Rebound Stroke, Rudiments: Singles, Doubles, Paradiddle		Syncopated 8th Note Beats, Syncopated Combos, Technique: Single Hand Accent, Play-along Track: "Synco de Mayo"	
LESSON TWO:.....	14-15	LESSON FIFTEEN	40-41
Sticking Patterns, Bass Drum Technique, Hi-Hat Pedal Technique		Music Reading: Sixteenth Notes, 16th Note Grooves, 16th Note Fills, Technique: Grid Diddles, Style: Rock Ballad	
LESSON THREE.....	16-17	LESSON SIXTEEN	42-43
Right Hand Hi-Hat Technique, First Rock Beat, Music Notation Basics		Music Reading: 8th/16th Rhythmic Combinations, Syncopated LH 16th Grooves, Technique: Accent Grid, Syncopated BD 16ths, Style: Syncopated Rock	
LESSON FOUR	18-19	LESSON SEVENTEEN	44-45
Music Reading: Quarter/Half/Whole, The Ride Cymbal, Play-along Track: "Rock Steady"		Music Reading: 16th Rests, Dotted 8ths, 16th Based Rhythmic Permutations, 16th Beat Combos, Rudiment: The Ruff, Style: 8th Note Funk	
LESSON FIVE	20-21	LESSON EIGHTEEN	46-47
8th Notes, 8th Note Rock Beats, Music Reading: Quarters and 8ths, Play-along Track: "Solid as a Rock"		Syncopated 16th Note Grooves, 16th Open Hi-Hat Combos, Syncopated Fills, Style: 16th Note Funk	
LESSON SIX.....	22-23	LESSON NINETEEN	48-49
New 8th Note Rock Beats, Technique: Independence, The Crash Cymbal, Play-along Track: "8 Ball in the Corner"		Technique: Controlled Rebound, Play-along Track: "Bring on the Funk", Rudiment: Flam Tap, Style: Train Beat, Rudiment: Lesson 25, 6 & 7 Stroke Rolls	
LESSON SEVEN.....	24-25	LESSON TWENTY	50-51
The Toms, New Beats Using the Toms, Rudiment: Multiple Bounce Roll, Play-along Track: "Jungle Drums"		Music Reading: 12/8 Time Signature, 12/8 Grooves, Technique: Accented 3's, 12/8 Fills, Style: 12/8 Blues	
LESSON EIGHT	26-27	LESSON TWENTY ONE	52-53
Drum Fills, Concepts: Sustaining Momentum, Play-along Track: "Solid Time"		Triple Sticking Patterns, 12/8 Reading, Triple Combos, Triple Hi-Hat Combos, Play-along Track: "Crooked Stick Blues"	
LESSON NINE	28-29	LESSON TWENTY TWO	54-55
Open Hi-Hat Sounds, Rudiment: 5 Stroke Roll, 8th Note Combos, Cross Stick, Play-along Track: "Spy Games"		Music Reading: 16th Notes in Triple Time, 12/8 Grooves Incorporating 16th Notes, Technique: 12/8 Accent Patterns, 12/8 Fills with 16ths, Style: 12/8 Rock	
LESSON TEN.....	30-31		
Quarter Note Ride Pattern, Technique: Independence, Style: Two Beat, Play-along Track: "Two Bits", Technique: Tap, Down and Up Strokes, Time Check			
LESSON ELEVEN	32-33		
Music Reading: 8th Rests, Upbeat Ride Pattern, Style: Disco, Fills Using the 8th Rest, Play-along Track: "Build it Up"			

LESSON TWENTY THREE	56-57
Music Reading: 8th Note Triplets, Style: Blues Shuffle, Technique: Swing Sticking, Style: Texas Shuffle, Style: Rock Shuffle	
LESSON TWENTY FOUR.....	58-59
Technique: Controlled Rebound, Part 2, Style: Halftime Shuffle, Play-along Track: "Backstreet Shuffle", Rudiment: Swiss Army Triplet, Music Reading: 16th Note Triplets, Style: Hip Hop, Play-along Track: "Go Dog"	
LESSON TWENTY FIVE.....	60-61
Style: Jazz Swing, Technique: Triplet Accents, Jazz Fills, Technique: Swing Accent Patterns, Play-along Track: "Swingin' Easy"	
LESSON TWENTY SIX	62-63
Jazz Comping, Technique: Independence	
LESSON TWENTY SEVEN	64-65
Setting Up Ensemble Entrances, Incorporating Fills, Technique: Paradiddle-diddle/6 Stroke Rolls Play-along Track: "Kick it Old School"	
LESSON TWENTY EIGHT.....	66-67
Catching Ensemble Figures, Music Reading: Ensemble Articulations, Technique: Independence, Jazz Chart Reading: Small Group	
LESSON TWENTY NINE.....	68-69
Style: Jazz Waltz, Brush Technique, Jazz Ballad	
LESSON THIRTY.....	70-71
Afro Cuban Style: Cha-Cha, Son Clavé, Bass Tumbao, Guiro, Cha-Cha Bell Pattern, Conga Tumbao	
LESSON THIRTY ONE.....	72-73
Timbale Abaniquo, Play-along Track: "Time to Cha-Cha," Music Reading: Cut Time, Style: Mambo, Cascara, Conga Tumbao, Mambo Bell Pattern	
LESSON THIRTY TWO.....	74-75
Rhumba Clavé, Play-along Track: "Mambo Caliente," Style: Songo, Play-along Track: "Songo Mondo"	
LESSON THIRTY THREE.....	76-77
Brazilian Style: Bossa Nova, Play-along Track: "Bossa Breeze," Style: Samba, Play-along Track: "Escola de Samba"	
LESSON THIRTY FOUR	78-79
Caribbean Style: Calypso, Play-along Track, "Caribbean Nights," Style: Soca, Play-along Track, "Soca Dance Party," Style: Reggae, Play-along Track, "One Drop Reggae"	

READING APPENDIX.....	80-93
DUPLE/TRIPLE STICKING COMBINATIONS ..	94-95
ACCENT PATTERNS	96-97
RUDIMENT CHART	98-99
MUSICAL GLOSSARY	100-101

Play-Along Tracks: Index by Styles

ROCK / POP / COUNTRY STYLES

Basic Rock	16, 19, 21, 23, 25, 27, 29, 33
Disco	24
Two Beat	32
Country Waltz	35
Halftime Feels.....	38
Syncopated Rock.....	41, 45
16th Note Rock	42
Train Beat	51
12/8 Rock.....	57
Rock Shuffle	59

R&B / FUNK / HIP-HOP

Funk.....	47, 49, 51
12/8 Blues	53, 55
Blues Shuffle	58
Texas Shuffle	59
Halftime Shuffle	60
Hip Hop (Go-Go).....	61

JAZZ

Swing.....	63, 67, 69
Jazz Waltz	71
Jazz Ballad.....	71

LATIN STYLES

Cha-Cha.....	74
Mambo	76
Songo	77
Bossa Nova.....	78
Samba.....	79
Calypso	80
Soca	81
Reggae.....	81